



United Lutheran Church

104 Bjornson Drive Cavalier, ND 58220

cavalierunitedlutheran.org

Now the green blade rises, from the buried grain; Wheat that in dark earth many days has lain; Love lives again that with the dead has been; Love is come again like wheat arising green. ELW #379

Even though this winter hasn't been as tough as some we have been through, in fact (it has been unusually mild); yet, it has seemed long. With all the ice, the fog, the dreariness and even the never-ending illnesses that seemed to have plagued our community, we are ready for it to be over, ready to move on to warmer weather and sunshine.

And yet, we know that we must go through the winter to get to spring. It is how our world is ordered and that there is a purpose for it. We also know that no matter how long, dreary and even cold it can be at this time of year, the warmth will return, the trees will bud and the earth will come to life again.

This is a lot like what our spiritual life can be like. There are times when we might feel our faith is weak, our sight is clouded, and the warmth of God's love seems far off. Despair and doubt can creep in leaving us feeling a bit hopeless, like we are in the winter of the soul.

And yet, we know that God is there. Our Lenten/Easter season reminds us that God is at work in surprising places; that God is at work even when all seems lost like on the cross and in the tomb. In Jesus life always follows death, not simply life after we physically die, but also in those times when we do feel as if God is far from us, and our faith is weak. When we look at the cross, we are reminded of all of this, reminded how much God loves us, that God is so committed to us that he would send Jesus to live among us and die for us so that we might have life.

And so, in this in-between time of late winter/spring, the in-between time of Lent, as you look at the cross, be reminded of the new life that is coming, the new life that is ours, the new life that God is working in all of us, even now.

A blessed Lent/Easter season to you all.

Pastor Bill



ALTAR GUILD

Please mark your calendars for
Saturday, March 16 at 9:30am

Altar Guild will be cleaning and preparing for
Easter. All hands are greatly appreciated.



- Pop Tarts
- Pancake Syrup
- Tuna Helper
- Oatmeal
- Jam & Jelly
- Dish Soap
- Toilet Paper
- Shampoo & Conditioner
- Cereal

- (rice krispies, corn flakes, non sweetened cereal)
- Canned Chili
- Canned Fruit (peaches, pears, mandarin oranges)
- Spaghetti Sauce

*Items can be placed in the drop box located in the
narthex under the coat rack. Thank you!*



Wednesday Lenten Worship

March 6, 13 & 20

Supper at 5:30pm

Worship at 6:30pm

Confirmation with mentors at 7:00pm

Palm Sunday

March 24 at 9:00am

*Wednesday School youth will be singing
during worship*

Maundy Thursday

March 28 at 7:00pm

5th grade students receive First Communion

Good Friday

March 29 at 7:00pm

Easter Sunday

March 31 at 7:00am & 9:00am

Easter Breakfast served at 8:00am

*Please see the Easter Breakfast signup in the
narthex on the bulletin board*



Faith & Care: March 2024

Co-Chairs: Brooke Foerster & Sally Busse

Sunday, March 3 - Communion Worship - 9am

Usher: Shauna Stevenson

Refreshments: Alisha Schulz

Sunday, March 10 - Worship - 9am

Usher: Shawn & Margaux Lindsay

Refreshments: Sally Busse & Kelli Vivatson

Sunday, March 17 - Communion Worship - 9am

Usher: Brandon & Amy Briese

Refreshments: Randy & Tawny Baker

Sunday, March 24 - Worship - 9am

Usher: Les Puppe

Refreshments:

Scott & Lynda Humble and Barb Puppe

Sunday, March 31- Easter Sunday Worship - 7am & 9am

7 am Usher: Busse Family

9am Usher: Sara Carter Family

Kitchen Help: James & Sally Busse,
Jenna Carpenter, Shawn & Margaux Lindsay

Wednesday, March 6

Nicole Safranski Family

Wednesday, March 13

Mike & Brooke Foerster

Wednesday, March 20

James & Sally Busse

Faith & Care Continued...

Thursday, March 28: Maundy Thursday - 7pm

Deane & Kaitlyn Bjornson

Friday, March 29: Good Friday - 7pm

Jane Stevenson

Set up and take down tables and chairs for funerals (2 volunteers):

**Co-Chairs are responsible for contacting volunteers to set up for funeral.*

Lisa Pflaum & John Hillis

Clean Kitchen refrigerator and ovens:

Brooke Foerster



- **Serve a Lenten Meal -**
gather a church group or group of family/friends
- **Lector -**
read during worship, students can earn sermon notes or service hours
- **Faith & Care -**
Did you know you may volunteer anytime not just during your month? Reach out to volunteer whenever you're available!
- **Write In Our Monthly Newsletter -**
Do you love writing and want to express a poem or a short story for our congregation to enjoy? Please reach out and share your gifts!
- **Volunteer with Youth -**
Having an extra adult role model present is a great way for kids to learn and mirror good behavior and expectations.

Every time we have a chance to serve, we honor God.



OPEN HOUSE
BABY SHOWER
 CELEBRATING
Alysha Jerome & Baby Bruer
 MARCH 3, 2024
 FROM 1-3PM
 They are registered on
 babylist.com
 UNITED LUTHERAN CHURCH
 104 BJORNSON DRIVE
 CAVALIER, ND 58220



*United Lutheran Church's
 75th Anniversary Celebration
 September 22, 2024*

PLEASE JOIN US FOR A

Bridal

SHOWER

IN HONOR OF

**JESSICA BOHN
 BRIDE-TO-BE
 OF TYLER REIMER**

SATURDAY, MARCH 9, 2024 | 1-3 PM

UNITED LUTHERAN CHURCH
 104 BJORNSON DRIVE
 CAVALIER, ND 58220



EASTER



If you would like to order an Easter Lily this year in honor or in memory of someone, please fill out the following information below and leave with payment at the church office by Sunday, March 24. Cost is \$20. Thank You!

In Memory of

In Honor of

From

Take Time to “Examen”

I'm grateful to live in an area with distinct seasons. Each time of year has unique characteristics that give way to the next. “For everything there is a season, and a time for every matter under heaven,” says Ecclesiastes 3:1 (ESV).

Each change of season also lends itself to *examen*, a spiritual practice that involves reflection. Typically done daily, examen invites people to recall past events (highlights, struggles, even mundane activities) and consider when they especially sensed God's presence or when he seemed distant.

Try a deeper examen four times a year as the seasons change. As a starting point, use your answers to these questions:

- Looking back at the past season, when did I see God at work? What was life-giving to me?
- In what areas did I need God to work? What was life-draining?
- As I enter this next season, how is God inviting me to engage more with his presence?

—Janna Firestone

Christian Symbol



BUTTERFLY — The butterfly symbolizes resurrection, Easter and the new life we have in Christ Jesus. As a caterpillar disappears into a chrysalis, so Jesus' lifeless body was hidden in a tomb. The emergence of the butterfly, rising into the sky in its beautiful new body, reminds us of Christ's resurrection — and ours.

Wednesday School Youth

Remember to be filling your *Good Gift Boxes* to help support those in need. Boxes will be collected Sunday, April 28 during worship. Together we can do great things - *God's Work. Our Hands!*

Color your boxes to make it bright and fun! If you need another box let Brittany know. Thank you!



Stewardship Statistics

Date	Offering	Building	Youth	Misc.	Endowment
February					
4	\$3,144.00	\$195.00		\$10.00	
11	\$1,849.00	\$400.00		\$75.00	Noisy Offering - \$114.72
14	\$1,248.26	\$62.50		\$225.00	Lenten Meal - \$255.00
18	\$1,725.05	\$130.00		\$55.00	
21	\$310.00			\$100.00	Lenten Meal - Adult Mission Trip - \$228.00



MARCH

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 9:00 am Communion Worship Acolyte: Eliot CA: Jenna <i>Open House Baby Shower for Alysha Jerome from 1-3pm at ULC</i>	4 <i>Pastor Beth's Day Off</i>	5	6 9:30 am Women's Bible Study <i>Wednesday School 3:45 - 5:15</i> 5:30 pm - Lenten Meal 6:30 pm - Worship Acolyte: Mason 7 pm - Confirmation	7 First Communion Student/Parent meeting for 5th grade 7:00pm	8	9 <i>Open House Bridal Shower for Jessica Bohn from 1-3pm at ULC</i>
10 9:00 am Worship Acolyte: Knox <i>Noisy Offering</i>	11 <i>Pastor Beth's Day Off</i>	12	13 9:30 am Women's Bible Study <i>Wednesday School 3:45 - 5:15</i> 5:30 pm - Lenten Meal 6:30 pm - Worship Acolyte: Keira 7 pm - Confirmation	14	15	16
17 9:00 am Communion Worship Acolyte: Ali CA: Jason	18 <i>Pastor Beth's Day Off</i>	19 <i>6:00pm Church Council Meeting</i>	20 9:30 am Women's Bible Study <i>Wednesday School 3:45 - 5:15</i> 5:30 pm - Lenten Meal 6:30 pm - Worship Acolyte: James B. 7 pm - Confirmation	21	22	23
24 9:00 am Palm Sunday Worship Acolyte: Owen	25 <i>Pastor Beth's Day Off</i>	26	27 9:30 am Women's Bible Study <i>Wednesday School 3:45 - 5:15</i>	28 7:00pm Maundy Thursday Worship Acolyte: Maci CA: Kaitlyn	29 7:00pm Good Friday Worship Acolyte: Charlotte	30
31 7am & 9am Easter Sunday Worship Acolyte: 7am: Raegan 9am: James S. CA: 7am: Shawn 9am: Jenna						



MARCH

Birthdays and Anniversaries

1	Caitlyn Hunter	19	Lauren Steien	15	Taylor & Justine Anderson
	Maxwell Schweitzer	20	Keith Hartz	24	Terry & Brenda Carignan
	Brian Wollenberg	21	Grant Johnson		
2	Corey Nelson		McKenzie LeTexier		
3	Kristi Magnusson	23	Marly Schnabel		
	Roy Otto		Jon Ratchenski		
4	Justine Anderson		Kendra Thom		
	Lisa Ermer	24	Jace Laxdal		
5	Ernest Rusten		Mark Weeks		
6	Jean Johnson		Aiden Werner		
7	Jamie Christianson	25	Nordis Doyle		
	David Grube	26	Shelby Bjornstad		
	Denise Papenfuss		Tiffany Furstenu		
	Bennie Rosenau	27	Norma Askew		
	Evan Yanish		Hannah Stegman		
8	Shawn Carrier	28	Kay Braget		
	Colette Nordstrom		Kyxa Burt		
9	Terry Berglund		Dean Latozke		
	Hunter Harildstad	29	Randy Baker		
	Kristjan Holm		Sandy Fedje		
10	Jennifer Erlendson		Adlee Hay		
	Anna Weeks		Emily Kotze		
11	David Carik		Aspen McColl		
	Colbie Furstenu	30	Whitley Carrier		
13	Bridget Hay		Brooke Foerster		
	Aimee Jackson	31	Christopher Hunter		
	Jade Ramsay		Judith Nilsson		
	Joshua Sapa				
14	David Estad				
	Teri Moe				
	Wayne Moe				
15	Douglas Samson				
16	Brinxlee Hay				
	Laney LeTexier				
	Marie Olson				
17	Todd Wimpfheimer				
18	Cindy DuBois				
	Amber Greenwood				
	Kristen Laxdal				

**If your special date is missing or incorrect please notify the church office.*

United Lutheran Church

Council Minutes

Tuesday January 16th, 2024

Called to Order: 7:02 pm

Members Present: Pastor Beth, Ralph Byron, Mark Ramsay, Holly Stegman, Andrew Hay, Kaitlyn Bjornson, Shawn Lindsay, Jenna Carpenter. Guests Missy Kemnitz, Brittany Vaughn

Members Absent: Scott Holmquist, James Zorn

Opening Prayer and Devotions: Pastor Beth opened with prayer and devotion.

Approve Minutes: Motion to accept as read Motion: Ralph B. Second: Mark R. All in favor: Motion carried.

Approve Financials: Motion to accept the financials as presented: Motion: Mark R. Second: Jenna C. All in favor: Motion carried.

Committee Reports:

Pastor Beth's Report:

There was a good attendance at the Christmas Eve Service with 240 attending.

Planning for Lent has started.

Mission trip for adults is being planned.

Still going to Wedgewood for a service monthly.

May have to go to Country Estates for a service once a month if weather and ice continue to be an issue.

75th Anniversary planning has begun with the committees first meeting.

Meetings with Spiritual Director will be starting soon and continuing once each month via zoom. This is something that is recommended by the synod for all pastors.

Youth & Education Committee:

Planning for a Super Bowl watch party is being done.

January 31st will be Skating party for Wednesday school.

Offering boxes have been sent home with students.

There has been a lot of great feedback from the Christmas Program with the youth.

Parish Life:

There has been a call for help that has been put out to the congregation.

Looking to set a date for a potluck. After some discussion April 28th was the date that was chosen for the next potluck.

Continuing to look for participants for the Faith and Care Committee.

Property and Grounds:

The sign out front will need some new light bulbs. David Carik was believed to be the last person to help with that and committee will contact him for guidance.

Music and Worship:

Christmas Eve service went well.

Advent Caroling service was fun and had good attendance.

Stewardship:

Will be meeting after the annual meeting.

Continued on next page....

Old Business:

New council members discussion. Jason Stevenson has said he would join council. There was discussion about lots of potential members and they were contacted with no one accepting a position.

Kaitlyn has the bonuses for those that were given them. She will work to get them handed or mailed out.

Pastor Beth would like a date for the 75th anniversary chosen at this meeting for ease of planning purposes. After discussion it was decided that it would be held on September 22nd, 2024.

New Business:

The flower cooler seems to be out of order. This may need to be looked at in the future. Until it is looked at the refrigerator in the kitchen can be plugged in and used as it is sitting unplugged.

Holly asked if we could order self-watering bulbs to be inserted into the flowers that are put on the cross at the front of the church to limit the time needed to be spent on a ladder watering.

The registration for Feed My Starving Children in Grand Forks is open. Pastor Beth wanted to know if this was something we wanted to have the church participate in again. Pastor Beth will sign the United Lutheran up for April 27th, 2024.

Christmas Decorations: While cleaning up and putting away Christmas decorations the trees were thrown away. We will need to replace these for next year. Ralph purchased icicle lights to replace the garland on the north and south walls. We will also need to find a new Nativity Scene still.

Communion Assistants:

February 4 - Shawn L.

February 14 - Andrew H.

February 18 - Mark R.

Next meeting will be held on set at the meeting following the annual meeting.

Motion to adjourn: 8:17pm Motion: Ralph B.

Close with the Lord's Prayer

United Lutheran Church

Council Minutes
January 28, 2024

Called to Order: 10:26 am

Members Present: Pastor Beth, Jason Stevenson, Mark Ramsay, Holly John Dungan, Andrew Hay, Kaitlyn Bjornson, Scott Holmquist, Shawn Lindsay. Guests Missy Kemnitz, Ralph Byron

Members Absent: Jenna Carpenter & Brooke Foerster

Nomination of Officers:

Kaitlyn opened the floor for nominations for secretary. There was a nomination for Andrew Hay. Mark R. motioned with a second from John D. to close nominations and cast a unanimous ballot for Andrew Hay to be the secretary. All in favor: Motion carried.

The floor then was opened for nominations for Vice President. There was a nomination for Shawn Lindsay. Mark R. motioned with a second by Scott H. to close nominations and cast a unanimous ballot for Shawn Lindsay to be the Vice President. All in favor: Motion carried.

Lastly the floor was opened for nominations for President. There was a nomination for Kaitlyn Bjornson. Mark R. motioned with a second by Scott H. to close all nominations and cast a unanimous ballot for Kaitlyn Bjornson to be the President. All in favor: Motion carried.

Committee Council Representatives:

Stewardship: Mark Ramsay Motion by Shawn with a second by Scott to have Mark be the council representative for the Stewardship committee. All in favor: Motion carried

Property and Grounds: Scott Holmquist Motion by Mark with a second by John to have Scott be the council representative for the Property and Grounds committee. All in favor: Motion carried

Music and Worship: John Dungan Motion by Mark with a second by Scott to have John be the council representative for the Music and Worship committee. All in favor: Motion carried

Parish Life: Shawn Lindsay Motion by Scott with a second by Mark to have Shawn be the council representative for the Stewardship committee. All in favor: Motion carried

Youth and Education: This position was tabled for nominations to see if Jenna would be willing to do this position again.

Jason S. will help with Property and Grounds and possibly another committee.

New Business:

Kaitlyn presented that our insurance is up soon and Kyle Gagner is willing to come speak with the council about what we are getting with our plan. Kaitlyn will have him attend next month's meeting.

There was a motion by Mark Ramsay with a second by Scott Holmquist to remove Ralph Byron from both the checking account and safety deposit box and add Shawn Lindsay to the checking account and Kaitlyn Bjornson to the Safety deposit box. Also, to remove Jordan Sagert from the Safety deposit box list.

Ralph spoke to the council regarding his concern with the evaluation process that is being used for both Pastor Beth and other paid staff. He would like to see the council perform a more informal evaluation with Pastor Beth and have Pastor Beth perform the paid employees as she is the person that is working with them and providing guidance. This will be a point of discussion at a meeting in the near future.

Ash Wednesday meal will be the council and they will serve soup and buns on February 14th. There was discussion about what the money raised should go to. There was a motion by Mark R with a second from Jason S. to donate the money raised to the L.O.A.N program. All in favor: Motion carried.

Next Meeting: Thursday February 15th at 6:00pm

Motion to Adjourn from Mark R. with a second from Shawn L. 10:48am

IN LOVING Memory

Lucas Neumann

Kitchen Fund by Mel & Kay Stark
Undesignated by Warren & Leah Austfjord
Undesignated by Ernest & Jackie Rusten

Jim Mattson

Undesignated by Ernest & Jackie Rusten

Jean Wimpfheimer

Undesignated by Ernest & Jackie Rusten
Kitchen Fund by Mel & Kay Stark

Jerry Mehlich

Kitchen Fund by Mel & Kay Stark

Gordon Askew

Undesignated by Patty Askew

Kenneth Peterson

Undesignated by Phyllis Jackson
Undesignated by Jerry & Penny Scheflo



Please keep Mel Stark, Alice Anderson, Bill Nordstrom, Madi Letzring, David Eastad and the family of Joyce Tongen and the family of Gerald Burt in your prayers.

Isaiah 41:10 ~ Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.

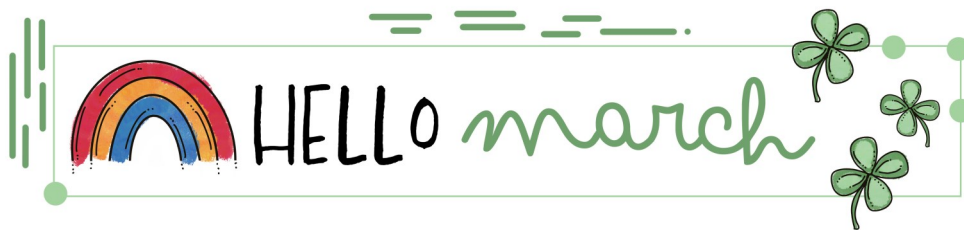
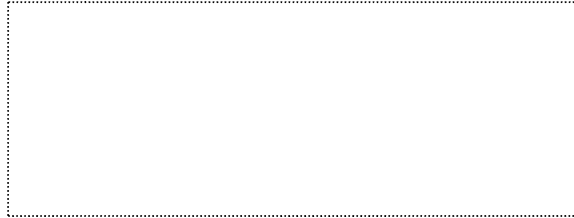
Are you needing a prayer for yourself or a loved one? Please call or message the church office at 265-8907 or unitedoffice@polarcomm.com.

Please keep in prayer the following area people who are currently serving in the armed forces:
Lt. Col. Jennifer Erlendson, Brett Nelson, CPT Tim Hines, Jacob Papenfuss U.S. Army, W.O. Matthew Hines, Bill Thompson, E-8 Sandra Hines, U.S. Colonel Patricia Olson, First Lt. Sarah Olson, First Lt. Hannah Olson, Tanner Urlaub Army National Guard

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***United Lutheran Church - Cavalier, ND
Newsletter 2024***

**Join us for In-Person Worship Sunday Mornings at 9 am
LIVE on United Lutheran Church Facebook Page
Services are uploaded to the church website following worship
at cavalierunitedlutheran.org**