



United Lutheran Church

104 Bjornson Drive Cavalier, ND 58220
cavalierunitedlutheran.org

“If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it.” Matthew 16:24-25

This familiar passage comes from a conversation that Jesus was having with his disciples about what following him was about. After spending some time with Jesus, hearing what he said and seeing the amazing things that he did, they began to get rather inflated egos, and, of course had dreams of glory about their future with him. They were upset when he began to talk about his eventual suffering and death, Peter even scolding him -- that couldn't happen to the Messiah.



Here Jesus outlines for them what it really means to follow him; service and sacrifice, not simply belief, saying that he came not for earthly glory and praise, but to help, to serve and to heal and to give of himself for others. There were no selfish motives behind what Jesus did. To follow didn't simply mean that you acknowledged that he was the Son of God. To **really** follow meant doing as he did, sacrificing as he did which was a bit frightening for the disciples.

What can make us a bit uncomfortable is that Jesus wasn't talking just to them, but is also talking to us, reminding us that to follow him there are certain expected behaviors and beliefs that we must live by. And yet, in our society it is all too easy to call oneself a Christian because we believe that Jesus was the Son of God and died for us without the real dedication of what it means to follow. How many Christians today think of themselves as disciples as opposed to simply being Christian? Maybe many don't because of the high bar of expectations that seem to come with it. Many people would question that or balk at it because, well after all, life is so busy and there's really not a lot of time for that 'Jesus'.

But maybe as we continue through our Easter cycle of celebration it's time to re-examine our dedication and commitment to following Jesus, our efforts to live a life worthy of the calling to which we have been called in our baptism. As scary as this all might sound, it also comes with a promise, a promise that we will be blessed, a promise that we will find the life we are looking for, a life that we unsuccessfully try to find in other things. As Devlyn Brooks said in his article in the Grand Forks Herald: "Maybe it is indeed past time that we as faithful people aimed to be disciples of Jesus, rather than only Christians. AMEN"

Peace,

Pastor Bill



**Senior Sunday Recognition
Sunday, May 19 at 9:00am**

*UNITED LUTHERAN CHURCH
2024 SENIOR CLASS*

- Zachary Anderson
- Elayna Hunter
- Meris Lindsay
- Aspen McColl
- Kaden Yanish



Teacher Appreciation Week is May 6-10 this year. Please take a moment to thank and pray for all teachers in our community, including Wednesday School teachers.

Thank you to all of our volunteer Wednesday School teachers. We have a great group of leaders here at ULC. Please be sure to show them your appreciation.



Park River Bible Camp

Registration is open for this summer!

<https://www.parkriverbiblecamp.org/summer/>

ULC offers a 50% off campership code. Please contact the church office for more details.



**United Lutheran Church
Cavalier, ND
75th Anniversary
SAVE THE
DATE**

**SEPTEMBER
22
2024**



Last day of quilting for the summer will be Thursday, May 2 at 1:00pm.

Peaceful Border Quilt Guild Bed Turning

Will be Thursday, May 9 at 7:00pm
at ULC

Admission is \$5
with dessert to follow bed turning.



**FOOD
PANTRY
NEEDS**

- Pop Tarts
- Kidney Beans
- Chili Beans
- Applesauce
- Dish Soap - not dishwasher detergent
- Graham Crackers
- Mac & Cheese

Items can be placed in the drop box located in the narthex under the coat rack. Thank you!

Running Slowly



At a track meet, we sat in the stands, cheering for our son. I chuckled as a young sibling of an athlete asked, “Why are they running so slow, Mommy?”

These athletes had been training for years, and many were setting personal best times and even state records. Most spectators would provide little competition for the runners. But the child was comparing how he’d felt while running at the park, sprinting to a soccer game.

Along the track, dozens of teammates and coaches cheered. Each time an athlete passed, she heard strong, pointed encouragement. “You’ve got this!” “Someone’s approaching; time to pick up the pace!” “Great stride — keep going!” The coaches and runners knew what was helpful and understood how hard the athletes were working.

My point: Consider who you allow to speak truth into your life. Do you listen to loved ones who “train” alongside you? Or do you give sideline critics too much space in your thoughts? Heed Proverbs 2:2 (NLT), which advises, “Tune your ears to wisdom, and concentrate on understanding.”

—Janna Firestone

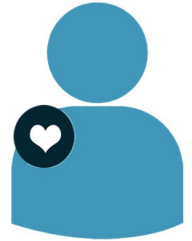
A Prayer for Roots

O God, we thirst for you, as dry tree roots thirst for water in hot, dusty soil. Help us send spiritual roots down deep into the grace and knowledge of the One who is the same yesterday and today and forever, our Lord and Savior Jesus Christ, who gives us stability when the earth shakes and the storms of life swirl about us.

Rooted and grounded in your love, and strengthened and comforted by your grace and your Spirit who gives us hope, may we be steadfast and immovable in the work Christ gives us to do, until he comes again. Amen.

The Language of Lament

Unlike nonbelievers, Christians can grieve with hope (see 1 Thessalonians 4:13-18). On Memorial Day and at Christian funerals and burials, our lament is real — and it’s a uniquely Christian concept, according to Pastor Mark Vroegop. “It takes faith to pray when you are in pain,” he writes in *Dark Clouds, Deep Mercy*. “Belief in God creates challenging questions, and lament provides the opportunity to reorient your hurting heart toward what is true. But in order for that to happen, you have to turn to prayer. The silent treatment must end.”



Vroegop, who had a stillborn daughter, says lament opens a door that leads to trust. Heartfelt lament, he says, can be brief or messy and can feel forced or uncomfortable. But the important thing is to “keep talking to God.”

“Don’t allow your fear, your despair or your track record of silence to cut off the flow of grace,” he urges. “Your pain can be a path toward God if you’ll allow lament to be your new language.”

Aflame with Faith

In the Old Testament, fire often symbolizes the presence of God’s Spirit. For example, God called to Moses from a burning bush (Exodus 3:2-6) and defeated the prophets of Baal on Mount Carmel (1 Kings 18:30-39). In the New Testament, tongues of fire rested atop the believers gathered on Pentecost (Acts 2:3).



Some Christians have described a burning or current-like sensation when they encounter God. Methodism founder John Wesley said his heart was “strangely warmed” during worship. After such an encounter, people often feel compelled to share the Good News of Jesus. The flame of faith inside one believer can spark a revival of faith in others. As Charles Spurgeon said, “A burning heart will soon find for itself a flaming tongue.”

Faith & Care: May 2024

Co-Chairs: Patty Askew & Lisa Ermer

Sunday, May 5 - Communion Worship - 9am

Mission Trip Fundraiser

Usher: Youth Mission Trip Group

Refreshments: Youth Mission Trip Group

Sunday, May 12 - Worship - 9am

Usher: Marcus & Rachel Ramsay

Refreshments: Bridget Hay & Patty Askew

Sunday, May 19 - Communion Worship - 9am

Usher: Gordon & Deb Johnson

Order Cake: Brittany Vaughn

Serve Cake: Ralph & Pam Byron

Sunday, May 26 - Worship - 9am

Usher: Lisa Ermer & Patty Askew

Refreshments: Travis & Kelle Thacker and
Gwen Zorn

Set up and take down tables and chairs for funerals (2 volunteers):

**Co-Chairs are responsible for contacting volunteers to set up for funeral.*

Eric Dietrich

Clean Kitchen

microwave, refrigerator and ovens:

Denise Papenfuss



Registration for VBS is open on our church website! Register your child(ren) today at cavalierunitedlutheran.org

We are looking for adult helpers during VBS. This year camp is requesting one responsible volunteer per ten kids. Sign-up on the bulletin board in the narthex to be a volunteer!

Sponsor a VBS Student today!

Vacation Bible School is a meaningful part of a child's life. Youth spend the week at ULC learning about God in various and engaging ways. Religious games, art activities and songs are highlights of this important and fun week!

Camp costs have increased this year and to help defray camp costs, we are asking for your support. Please consider sponsor a child in our community. Suggest donation is \$50 per child, any amount is greatly appreciated.

Checks can be written to United Lutheran Church, please write VBS in the memo, and drop off at the church office or drop box located outside the office. Thank you for your support!

Sponsorship Amount: _____

From: _____





ULC Council encourages you to use Direct Deposit Offering/Contributions.

This will allow you to automatically have your giving withdrawn from your bank account weekly, bi-weekly, or monthly.

If you are interested in setting up your automatic payments please stop into the church office or email Brittany at unitedoffice@polarcomm.com.

We look forward to assisting you with this exciting way to give!



There is a connection between stewardship and spirituality. Our faith informs our giving. We not only acknowledge that all that we have is a gift from God, we also trust that since God has been so gracious to us in the past, God will continue to provide for us in the future. What gifts has God given you? How can you thank God by being generous and sharing a portion of what God has given you?

“O give thanks to the Lord for he is good, for his steadfast love endures forever.”
Psalm 136:1

Stewardship Statistics

Date	Offering	Building	Youth	Misc.	Endowment
February					
25	\$1,244.50	\$2.50		\$30.00	
28	\$440.00	\$30.00		\$100.00	
					<i>Lenten Meal - Adult Mission Trip - \$417.00</i>
<i>Direct Deposit: \$5,185.00</i>					
March					
3	\$1,278.00	\$185.00		\$70.00	
10	\$2,625.50	\$312.50		\$25.00	<i>Noisy Offering - \$77.59</i>
13	\$386.00			\$20.00	
					<i>Lenten Meal - Wednesday School - \$320.00</i>
17	\$3,185.00			\$170.00	
20	\$248.00			\$100.00	
					<i>Lenten Meal - Youth Mission Trip - \$423.00</i>
24	\$2,842.11			\$40.00	
28	\$625.00				
29	\$220.00			\$100.00	
31	\$3,202.00	\$320.00		\$20.00	\$100.00
<i>Direct Deposit: \$5,185.00</i>					
April					
7	\$2,407.00	\$300.00			
14	\$2,646.50	\$337.50		\$20.00	<i>Wednesday School - \$23.00</i> <i>Noisy Offering - \$104.65</i>

United Lutheran Church
Council Minutes
Tuesday, February 15, 2023

Called to Order: 6:08 pm

Members Present: Pastor Beth, Mark Ramsay (Phone), Jenna Carpenter, Andrew Hay, Shawn Lindsey, Kaitlyn Bjornson, Jason Stevenson.

Members Absent: Brooke Forester, John Dungan, and Scott Holmquist

Opening Prayer and Devotions: Pastor Beth opened with prayer and devotion.

Approve Insurance: There was a motion to continue with insurance through Kyle Gagner for the year 2024. Motion Jason Second: Shawn
All in favor: Motion carried.

Jenna C. Joined the meeting at this time and Mark R. left the meeting via phone.

Approve Minutes: Motion to accept as read: Motion: Shawn Second: Jenna
All in favor: Motion carried.

Approve Financials:
Motion to accept as read: Shawn Second: Jenna
All in favor: Motion carried.

Approve Post Annual Meeting Minutes: Motion to accept as read: Motion: Shawn Second: Jenna
All in favor: Motion carried.

Committee Reports:

Pastor Beth's Report:

She has completed her required training.
Went to Park River Bible Camp Annual meeting.
The camp is struggling with low attendance.
They have hired a new director that is hoping to turn things around.
Serviced at Wedgewood and Country Estates done this month.
Anniversary committee has gained members and is meeting next week.
She has sent the annual report to the ELCA and the Bishop.
Lent has started.
She has also started her recommended meetings with her spiritual advisor.

Youth & Education Committee:

There was a motion to have Brooke Forester and Jenna Carpenter sit on the Youth and Education Committee.
Motion: Shawn Second: Jason All in favor: Motion Carried.
Wednesday school kids completed door decorations for Country Estates and cards for Wedgewood.
Super Bowl Party and Skating both had to be canceled.

Skating due to weather and Super Bowl Party for lack of interest.

Kids are singing on Palm Sunday and April 28th.
Wednesday school seems to be going well.

Parish Life:

Jesus and Coffee will be held this next Sunday.
More people have started to sign up for the Parish Life Committee.
There are more events in the works.

Property and Grounds:

Ricards was at the church to service the furnaces.
Ralph has been in helping with things for Lenten services.

Music and Worship:

Meeting is needed to plan for Easter.
Called Calvary Lutheran Church about challis for intinction communion. Still needs to get ahold of someone there that knows what is going on.
Pastor Beth will look for new candles for the altar.

Stewardship:

Meeting next week
Looking to start a possible push for a new Kitchen?
This will be tabled for later discussion.
Looking for ideas for the stewardship committee to cover.

Old Business:

Scott is still looking for Christmas tree replacements for the front of the church.
Sign out front of the building: Lights will need to be changed out when the weather gets nicer.

New Business:

Table evaluations updates.
Synod has meetings about serving on church councils coming up on Sunday March 17th from 2-4 pm. Pastor Beth will email out the Zoom link.

Communion Assistants:

March 3rd - Jenna
March 17th - Jason
March 28th - Kaitlyn
March 31st - Early: Shawn
Late: Jenna

Next meeting will be held on March 19th at 6 pm.

Motion to adjourn: 6:49 pm
Motion: Jason Second: Jenna

United Lutheran Church
Council Minutes
Tuesday, March 19th, 2024

Called to Order: 6:03 pm

Members Present: Pastor Beth, Mark Ramsay, John Dungan, Andrew Hay, Shawn Lindsay, Kaitlyn Bjornson, Also Present Brittany Vaughn.

Members Absent: Scott Holmquist, Jenna Carpenter, Jason Stevenson, and Brooke Foerster

Opening Prayer and Devotions: Pastor Beth opened with prayer and devotion.

Approve Minutes: Motion to accept the minutes as read. Motion: Mark R. Second: John D.
All in favor: Motion carried.

Approve Financials: Motion to accept as presented. Motion: Mark R Second: John D.
All in favor: Motion carried.

Committee Reports:

Pastor Beth's Report:

Had worship at Wedgewood.

Has scheduled first communion classes.

Pam Byron has been asked to take over for Susan Vivatson.

She has attended lots of meetings this last month.

Had her second spiritual advisor meeting March 19th.

Youth & Education Committee:

Classes at Wednesday School have been held in the fellowship hall in a group setting, experimenting if a large group is easier than classroom setting.

They have been doing art projects with the younger kids each week to help explain the lessons.

Barnyard boxes are due back April 28th.

Parish Life:

Jesus and Coffee 2nd round coming this Sunday, March 24th.

Potluck April 28th coming up.

Worship will be moved to 10 am that day to work better for potluck.

Property and Grounds:

Sign out front.

Stateside will get a quote to switch the sign to LED bulbs that are easier to get and replace than current outdated bulbs.

We will look for original sign installer information and also look into redoing the sign in the near future.

John will get quotes for a new sign for the next meeting. The water pipe survey for the city needs to be completed.

Music and Worship:

Planned music and service for Palm Sunday and Easter services.

Started planning for the 75th Anniversary service and festivities.

Stewardship:

Committee will be looking at a Stewardship book. Talked about the 75th anniversary and if we want to push a theme for stewardship during that event such as the endowment fund.

Kitchen project: There are funds there for this project and the stewardship committee would like to have someone get plans for this project so that they can look at what we would need to plan as far as funds needed. Would also look at doing a push for this project if it is moving forward in the near future.

Committee would like to push for congregation to give 2% more this year.

Old Business:

Kyle Gagner was unable to attend the meeting to talk over the insurance that the church currently holds.

Evaluation process will be tabled to get more members here for evaluating that process

There was again discussion about other options for offering and Tithes was brought up by Pastor Beth as an option she has been introduced to that is made for churches. We will also contact our automatic withdraw service provider to see if they offer any other options such as scan to pay or app to give/donate.

New Business:

There was discussion about getting new cameras for the streaming of the services each Sunday. John has started looking for possible replacements.

They range from \$2500 - \$5000 for a PTZ Camera (PTZ is a camera that can be moved and/or programed to move from a control station near the sound system controls while the service is happening)

John will bring quotes to the next meeting for possible replacements.

Directory for the 75th Anniversary has been planned. Picture will be self-taken and submitted. Can be put together on a service like Shutterfly. Kaye Furstenau has looked into it and started planning.

Communion Assistants:

April 7th - Mark

April 21st - Andrew

Next meeting will be held on April 16th at 6 pm.

Motion to adjourn: 7:02 pm

Motion: Mark R.

Close with the Lord's Prayer



<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
			1 9:30 am Women's Bible Study <i>Last Day of Wednesday School</i> 3:45 - 5:15 7 pm Confirmation	2	3	4
5 9:00 am Communion Worship Acolyte: Brystol	6 <i>Pastor Beth's Day Off</i>	7	8 9:30 am Women's Bible Study 7 pm Last day of Confirmation	9 <i>Pastors Conference Meeting at PRBC</i>	10	11
12 9:00 am Worship <i>Noisy Offering</i> Acolyte: Cayden 	13 <i>Pastor Beth's Day Off</i>	14	15 9:30 am Women's Bible Study	16	17	18
19 Senior Recognition Sunday 9:00 am Communion Worship Acolyte: Emmett CA: Jason	20 <i>Pastor Beth's Day Off</i>	21	22 9:30 am Women's Gather Bible Study	23	24	25
26 10:00 am Worship <i>Baptism</i> Acolyte: Jeffrey	27 <i>Pastor Beth's Day Off</i> 	28	29 9:30 am Women's Bible Study	30	31	

MAY

Birthdays

1	Jeremy Mertz	10	Tiffani Byrd	17	King Hageman
	Kyle Nordstrom		Eric Dietrich		Karen Lindenberger
	Gerald Trenbeath		Lauryn Laxdal	18	Sigmund Einarson
2	Jarrett Johnson		Carson Savageau	20	Leah Wood
3	Einar Eiriksson Jr.	11	Carol Beard	21	Randall Meece
	Robert Vivatson	12	Britta Rusted		Emily Morton
4	Winnie Crowston		Vivian Vivatson		Rhett Nelson
	Laura Ermer	13	Sara Crowston		Brantley Widme
	DeeDee Helgoe		Sharon Dalzell	22	Mary Christinson
5	Emily Anderson		Jennifer Hatt	23	Beth Peterson
6	Ian Stegman		Katie Mahar	24	Brandon Briese
7	Scarlett Kemnitz		Oliver Sagert		Elayna Hunter
	Jorden Moe		LaVelle Stegman	25	Aubrey Steele
	Alisha Schulz	14	Calvin Latozke	26	Nicole Smith
8	Alyx Wznick		Taylor O'Hara	27	Tom Askew
9	Roberta Heller	15	Ivy Kemnitz	29	William Foerster
	Kermit Rollefstad		Herman Ratchenski		Ashtin Harildstad
	Kelli Vivatson		Samantha Schweitzer		Cheryn Lindsay
		16	Andrew Hay	30	Donnie Bash

MAY

Anniversaries

4	Mary & Dwayne Indridason
7	Niel & Linda Carik
10	Alan & Karen Crowston
	Mark & Mary Jo Ramsay
18	Paul & Diane Brown
25	Brian & Christal Schlecht
26	Eric & Eunice Dietrich
30	Jacqueline & Ernest Rusten

**If your special date is missing or incorrect please notify the church office.*

In Loving Memory

Richard Thurston
Undesignated by Mel & Kay Stark

Dennis Johnson
Undesignated by Roselynn Shelton & Reinald Urness
Endowment Fund by Leroy & Carol Holub

Karl Henschel
Kitchen Fund by Rita Robinson
Kitchen Fund by Mark & Mary Jo Ramsay

Jean Wimpfheimer
Kitchen Fund by Elvin & Doreen Thorlakson



Please keep Alice Anderson, Bill Nordstrom, Madi Letzring, David Eastad, Dan Becvar, Nathan, Samantha & Wyatt Simley in your prayers.

Isaiah 41:10 ~ Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.

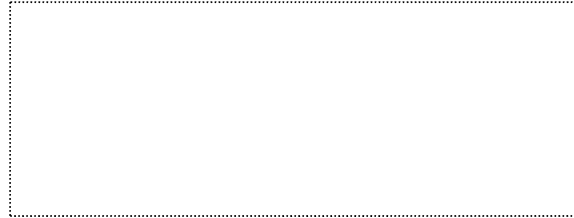
Are you needing a prayer for yourself or a loved one? Please call or message the church office at 265-8907 or unitedoffice@polarcomm.com.

Please keep in prayer the following area people who are currently serving in the armed forces:
Lt. Col. Jennifer Erlendson, Brett Nelson, CPT Tim Hines, Jacob Papenfuss U.S. Army, W.O. Matthew Hines, Bill Thompson, E-8 Sandra Hines, U.S. Colonel Patricia Olson, First Lt. Sarah Olson, First Lt. Hannah Olson, Tanner Urlaub Army National Guard

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CAVALIER, ND

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***United Lutheran Church - Cavalier, ND
Newsletter 2024***

**Join us for In-Person Worship Sunday Mornings at 9 am
LIVE on United Lutheran Church Facebook Page
Services are uploaded to the church website following worship
at cavalierunitedlutheran.org**